

# Pranic Healing: An alternative treatment that promises cure



By Samantha Hamilton

If like me you are a skeptic when it comes to alternative therapies, after one session at the Pranic healing foundation your views are bound to be changed. Mr Eng. Deva Somasundaram a civil engineer turned Pranic healer is the Managing Trustee of the Pranic healing foundation, and says that 'you do not have to believe in Pranic healing in order for it to work,' continuing 'all that is necessary is, during our healing sessions, please keep an open mind, do not resist, be receptive, experience the energy and feel the result.'

With the ever increasing price rise in medicine and drugs, and further people finding that doctors and hospitals say 'there's nothing

more we can do'; it isn't any wonder that more and more people are turning to alternative therapies for help.

Pranic healing although being a new concept to me is a uniform system of healing that has been established worldwide, and draws on age old beliefs such as Prana and Ki to create this mysterious science. Pranic healing is based on natural laws that humans have the power to treat themselves by utilizing Prana or Universal energy. The scientific art which was once considered to be superstitious and ritualistic, has been researched, experimented and tested by a chemical engineer, Master Choa Kok Sui and re-enunciated as a simple form of healing. This tech-

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nique seems quite amenable as it is independent of any religion, it can easily be understood, acquired and practiced by individuals just using their hands.

Mr Somasundaram explains that every physical body, be it man or animal, is surrounded by an aura or Bioplasmic Body. Kirlian photography makes this Aura visible and has shown that all diseases first manifest within this Energy Body and are clearly shown by various changes in the aura. Mental stress and strong emotional disturbances directly affect this Energy Body which, in turn, adversely affects the physical body. Hence, by manipulating this Aura or Energy Body and bringing about an improvement within it through Pranic healing, the physical body is healed of its ailments or diseases.

Prana meaning life force or energy is limitless and universal. On earth it exists in the form of solar, air, ground, tree and divine energy, and these energies can then be transferred to the patient to bring about healing. The technique to diagnose and heal requires different lengths of treatment and frequency depending on the severity of the complaint. All common physical, mental and emotional ailments can be cured by Pranic healing according to Mr Somasundaram. Some of the more commonly occurring ailments which are successfully treated are; migraine, stress, eczema, phobias, drug addiction, depression, heart ailments, diabetes, menstrual ailments, sterility, impotence, arthritis, asthma, strokes, gastro-intestinal disorders, rheumatism, kidney and urinary malfunctions amongst many others.

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does not intend to replace conventional medicines; rather it aims to compliment them. Mr Somasundaram clearly states that they actually prefer patients to consult a doctor first, 'we can completely cure illness, but we are not trying to replace doctors' continuing to say 'we can't replace an organ but we can repair it.' Pranic healing while claiming to cure ailments and disease, is also practiced as a preventative treatment, it allegedly rejuvenates the human body thereby bringing about a youthful vitality both physically and mentally.

Pranic healing is constantly

being re-examined and experimented with for alternative purposes. Recent studies carried out have shown that Pranic treatment can compliment a child's studies, as it helps focus them. It is also believed to help stimulate physical and mental growth in children, especially those with forms of disabilities. It would appear that Pranic treatment claims to be able to help almost anything with Mr Somasundaram saying that 'I've saved so many marriages by relieving work and home stresses.'

The Pranic Healing Foundation in Sri Lanka was founded in 1997 to regulate the practice of Pranic healing and to monitor its healers. Courses are available for people who want to train as healers most weekends, with three different stages to complete to become fully qualified. The Pranic healing foundation which is located at 20 Moor Road, Wellawatte has a team of 12 trained healers which provide treatment for patients from 10 am. to 12.30 pm and again at 5.30pm. to 7.00pm weekdays. Each session lasts for about 30 minutes with the patient sitting whilst the healers do all the work. There is no direct contact between patient and healer as they use crystals and their palms from a distance to provide treatment.

The treatments at this centre does not have a set cost, all Mr Somasundaram asks is that people donate whatever they are willing and can afford to sustain the Foundation and its healers to continue their healing work. Appointments must be made in advance by telephone. 011 2580048 or email pranic@lankabiz.net

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